

# **XPASSER GIVE-N-GO HOCKEY**

***The Ultimate Passing & Receiving Aid***



Made in Michigan, USA

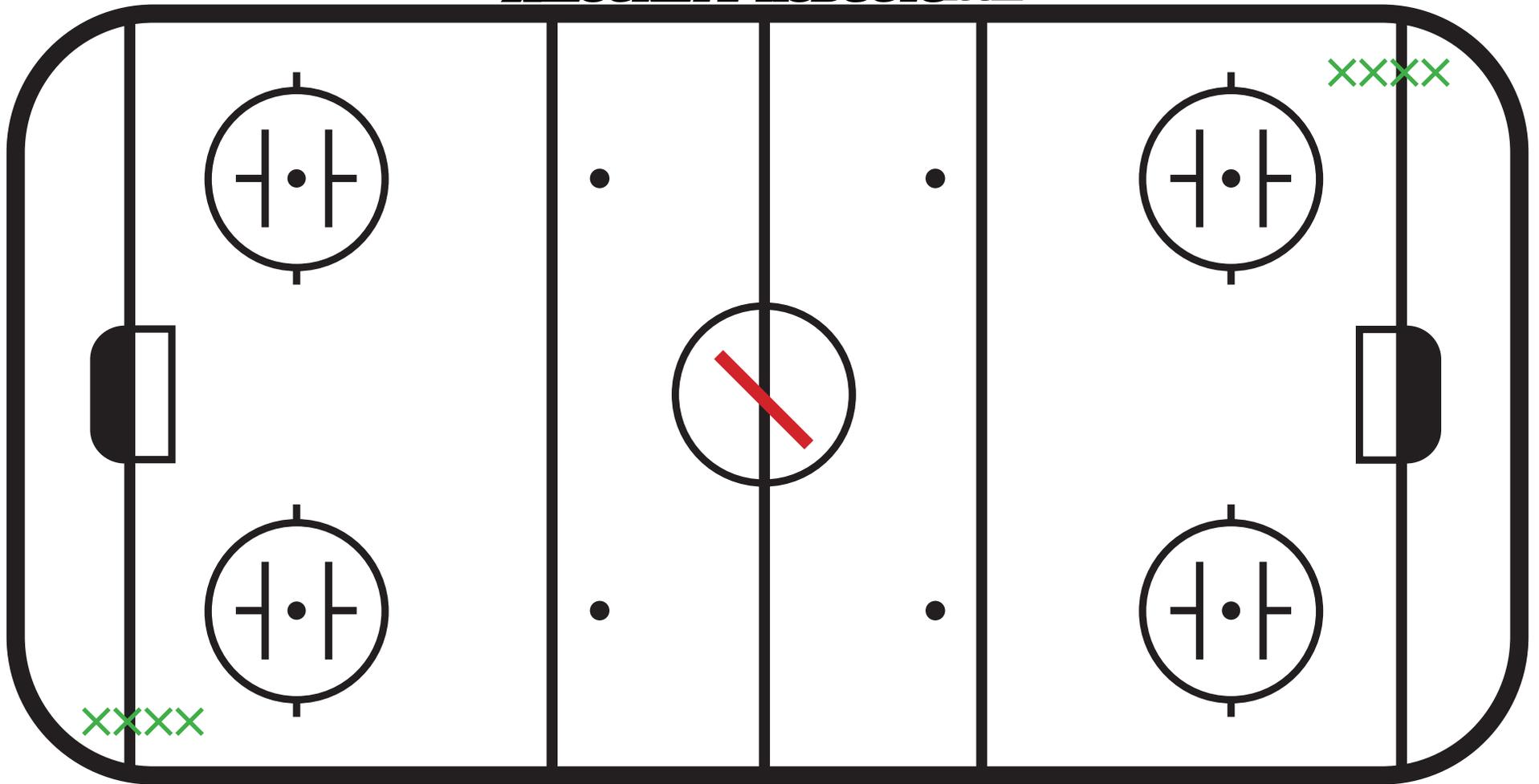


**Please read carefully before use.**

- ❑ Steel gripper teeth are VERY sharp! Always replace the rubber covers immediately after each use.
- ❑ xPasser Give-N-Go bumpers are custom designed for regulation hockey pucks only (black or blue). Never use weighted pucks.
- ❑ Do not use your xPasser Give-N-Go for any use other than passing and receiving passes. Do not take slap shots at your xPasser Give-N-Go.
- ❑ Always pick up and carefully set down your xPasser Give-N-Go.
- ❑ Never slide your xPasser Give-N-Go along the ice (use the huge handle).
- ❑ Never use the on-ice 60 inch model for off-ice training. Gripper teeth will get dull. See our off-ice 30 inch model for dryland training.
- ❑ xPasser Give-N-Go bumpers are bonded onto frame with a strong structural adhesive, however any abuse other than from passing hockey pucks could cause bumpers to loosen or fall off.
- ❑ Absolutely never drop, throw, or roll your xPasser Give-N-Go!
- ❑ Always wipe down and store in a dry safe place. Never leave on ice overnight or store in direct sunlight.
- ❑ Never put xPasser Give-N-Go that has been stored in a warm environment directly onto ice (a puddle will form). Always temper for a few minutes on the side of ice or on the bench before positioning for practice.
- ❑ Always let ice completely freeze after Zamboni before positioning your xPasser Give-N-Go. Never place in unfrozen water.

# xPASSER GIVE-N-GO HOCKEY

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## **DRILL #1** - xPasser GIVE-N-GO WARM UP (FULL ICE)v

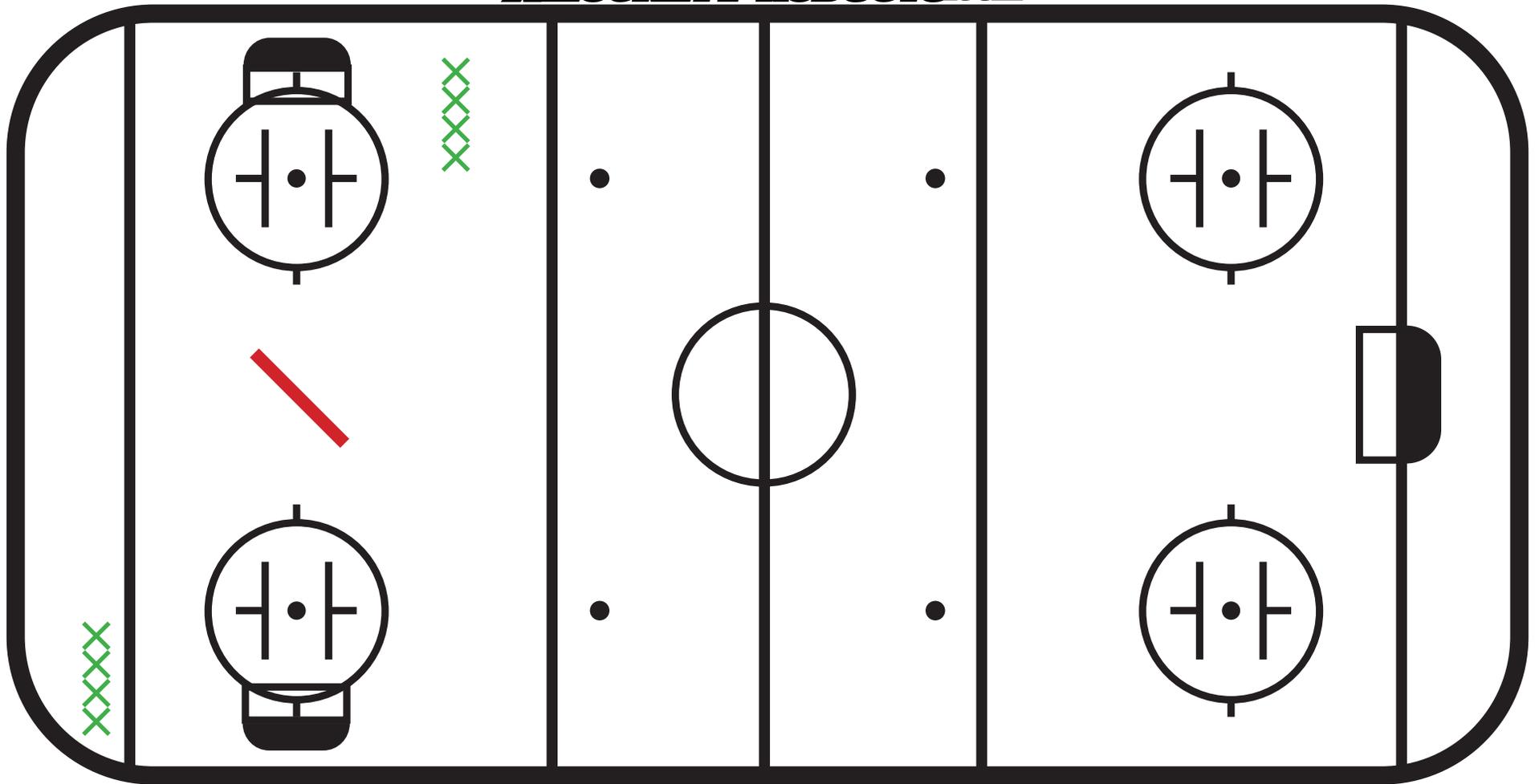
Position 1 xPasser Give-N-Go directly in center ice angled at 45 degrees. Start two groups of players in opposite ends. Players will skate to approximately the blue line and fire a pass, receive pass back then a shot can be made on goal or choose to circle around. (00:12 Instructional video)

**Variation:** Use 2 xPasser Give-N-Gos by positioning 1 on each blue line allowing two passes to be made per length of the ice before shooting on goal or circling around. Change angle of xPasser Give-N-Go and change direction.

*[Click the Rink to watch the drill in action](#)*

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## **DRILL #2** - xPasser GIVE-N-GO WARM UP (CROSS ICE)

Position 1 xPasser Give-N-Go directly in center of cross ice set up at 45 degrees. Players will circle behind each net, fire a pass and receive a pass from each side. A shot can be made on goal or you can choose to circle around.

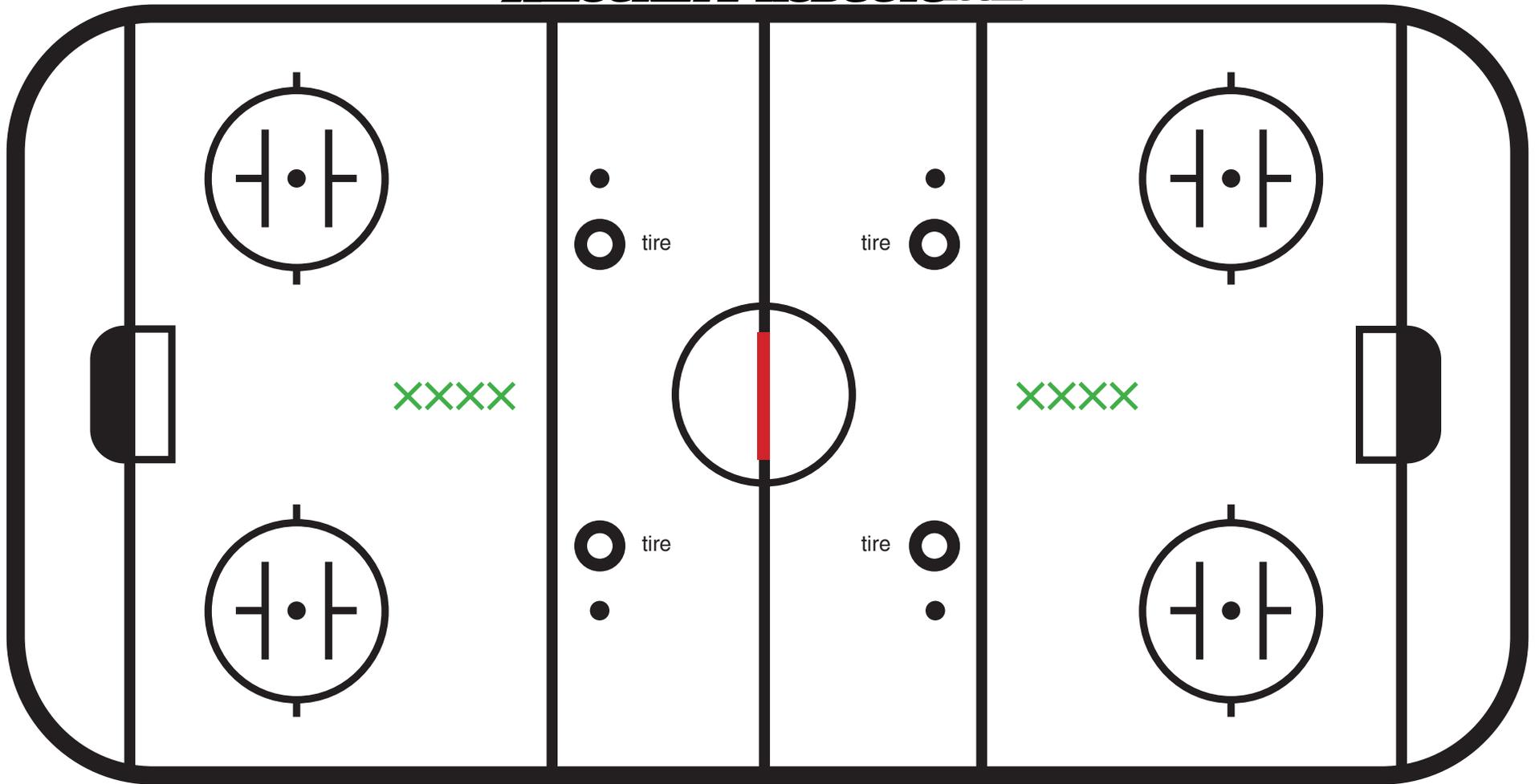
**(00:26 Instructional video)**

**Variation:** Change direction and angle of xPasser Give-N-Go. This will allow for all players to practice both forehand and backhand passing whether you're a lefty or righty.

[Click the Rink to watch the drill in action](#)

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## **DRILL #3 - PASS FIGURE 8 (FULL ICE)**

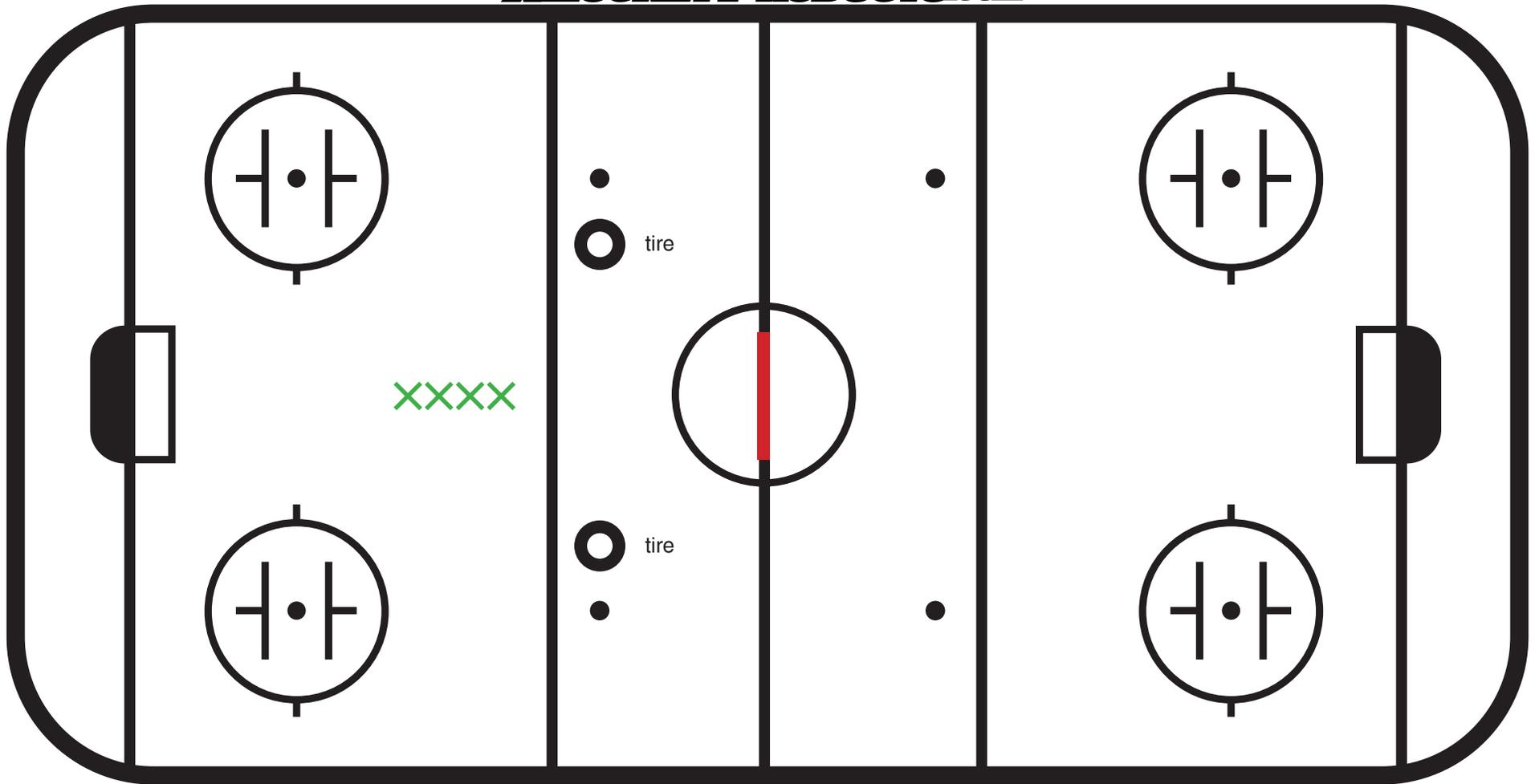
Position 1 xPasser Give-N-Go at center ice with 2 tires on each side just above the blue line about 20 feet apart. Start 2 lines of players in the top of the slot on each end facing center ice. Two players go at the same time making 3 passes into xPasser Give-N-Go while skating a figure 8 around the 2 tires, then shoot on goal.

**(00:40 Instructional Video)**

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## **DRILL #4 - PASS FIGURE 8 (HALF ICE)**

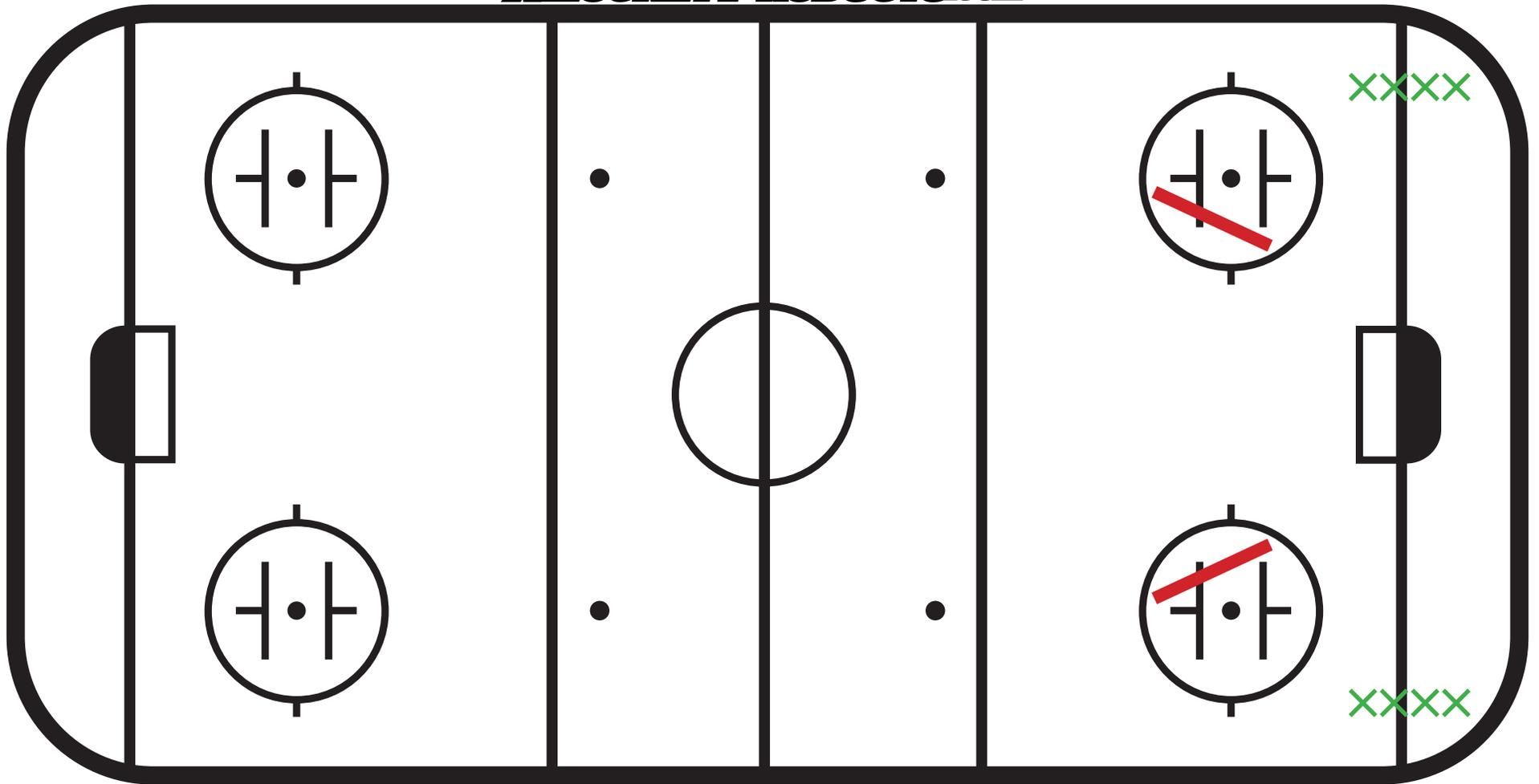
Position 1 xPasser Give-N-Go at center ice with 2 tires just above the blue line about 20 feet apart. Start 1 line of players in the top of the slot facing center ice. One player goes at a time making 3 passes into xPasser Give-N-Go while skating a figure 8 around the 2 tires, then shoot on goal.

**(01:04 Instructional Video)**

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## **DRILL #5 - MINNESOTA**

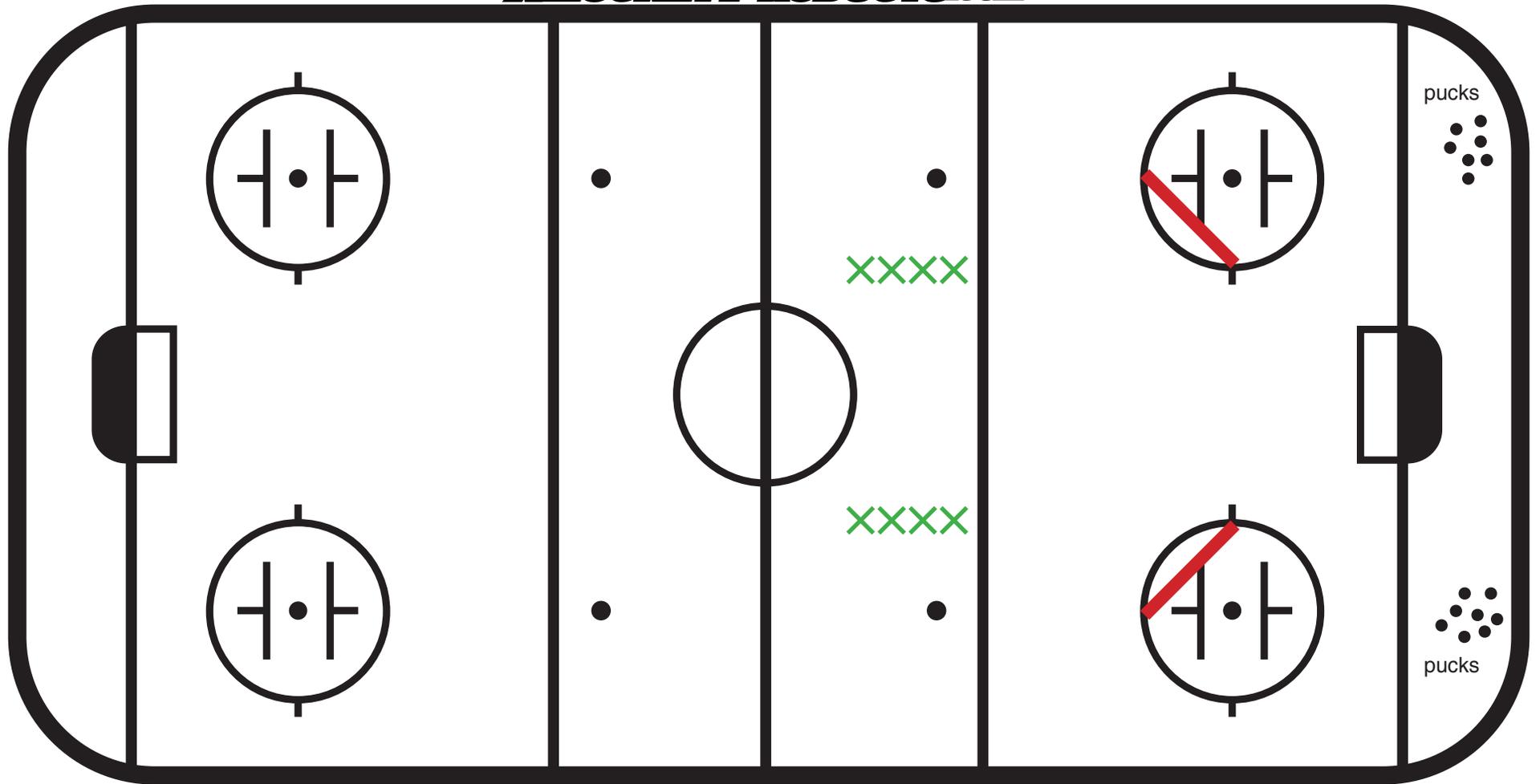
Position 2 xPasser Give-N-Gos just above both face off circles angled slightly inward. Start a line of players in each corner. Players will skate and make 1 pass to outside bumper on one xPasser Give-N-Go and skate half circle to make another pass to inside bumper off other xPasser Give-N-Go then shoot on goal and alternate lines.

**(01:16 Instructional Video)**

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## **DRILL #6 - MICHIGAN**

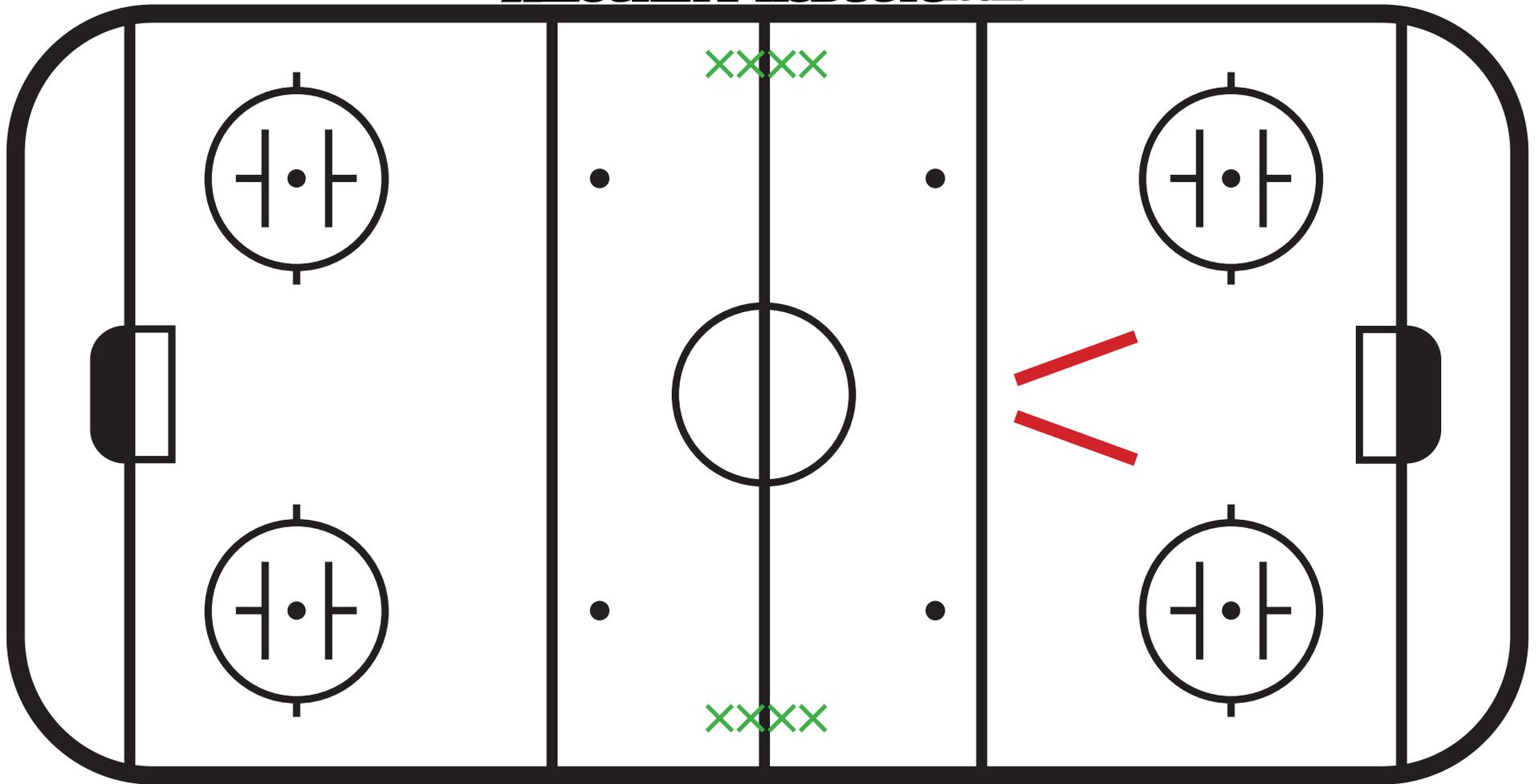
Position 2 xPasser Give-N-Gos at 45 degree angles at top of face off circles. Start 2 lines of players on the blue line. Line A will pass to opposite side xPasser Give-N-Go where Line B will skate and receive the pass for a quick shot on goal then immediately pick up puck from pile of pucks in corner and make pass off other side of xPasser Give-N-Go, receive pass, circle towards net for another quick shot then alternate lines.

**(01:28 Instructional Video)**

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## **DRILL #7 - SLOT ONE TIMERS**

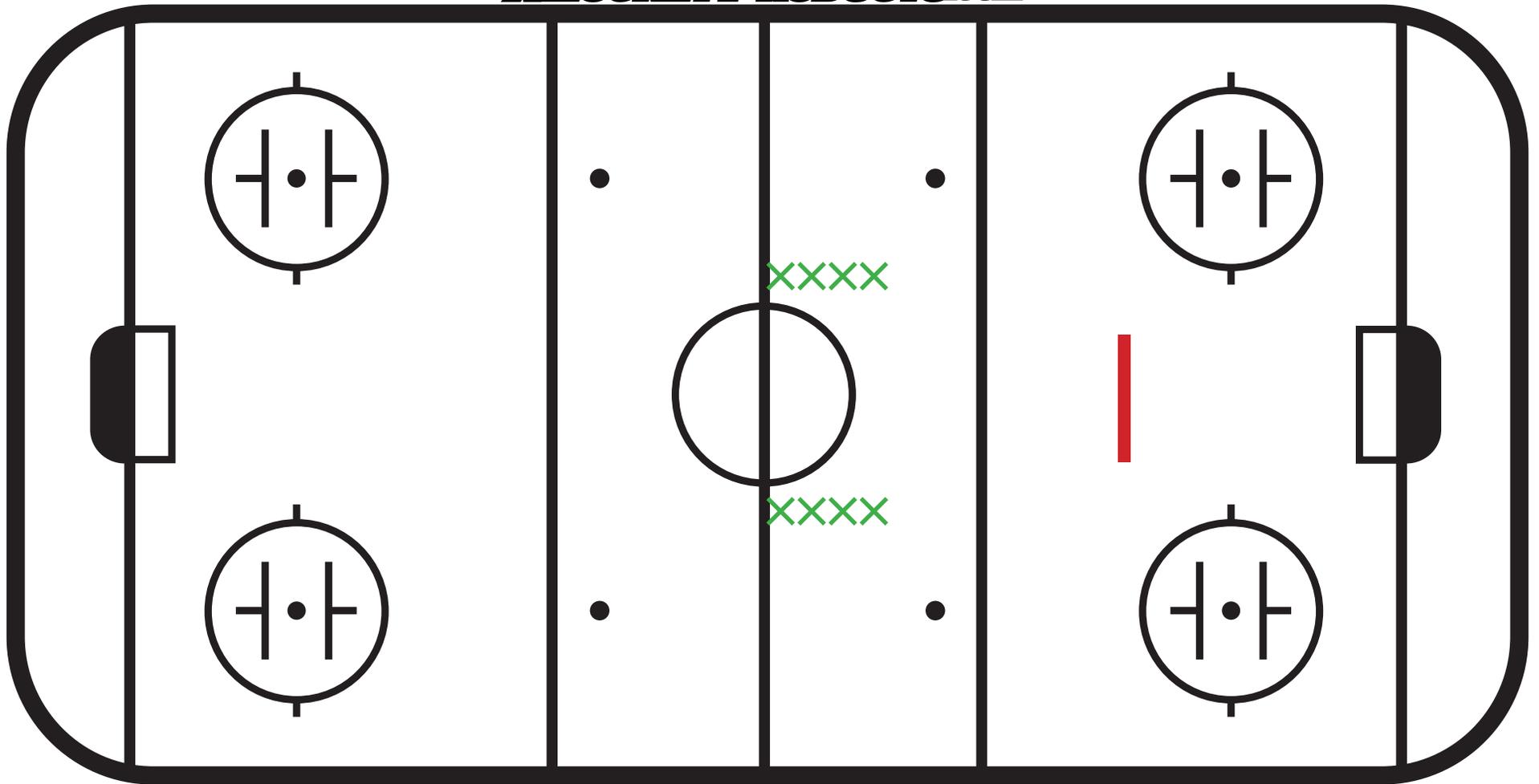
Position 2 xPasser Give-N-Gos inside the blue line near top of slot in the middle. Angle each xPasser Give-N-Go slightly inward. Start 2 lines on the red line. Skate hard to blue line area and fire pass off the xPasser Give-N-Go and receive back for a quick one timer on goal then alternate lines.

**(01:36 Instructional Video)**

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## **DRILL #8 - PASS, DEKE, SHOOT**

Position 1 xPasser Give-N-Go parallel to the blue line at the top of the slot. Start 2 lines at the red line. Line A passes off xPasser Give-N-Go, Line B receives the pass, deke around xPasser Give-N-Go for a shot on goal.

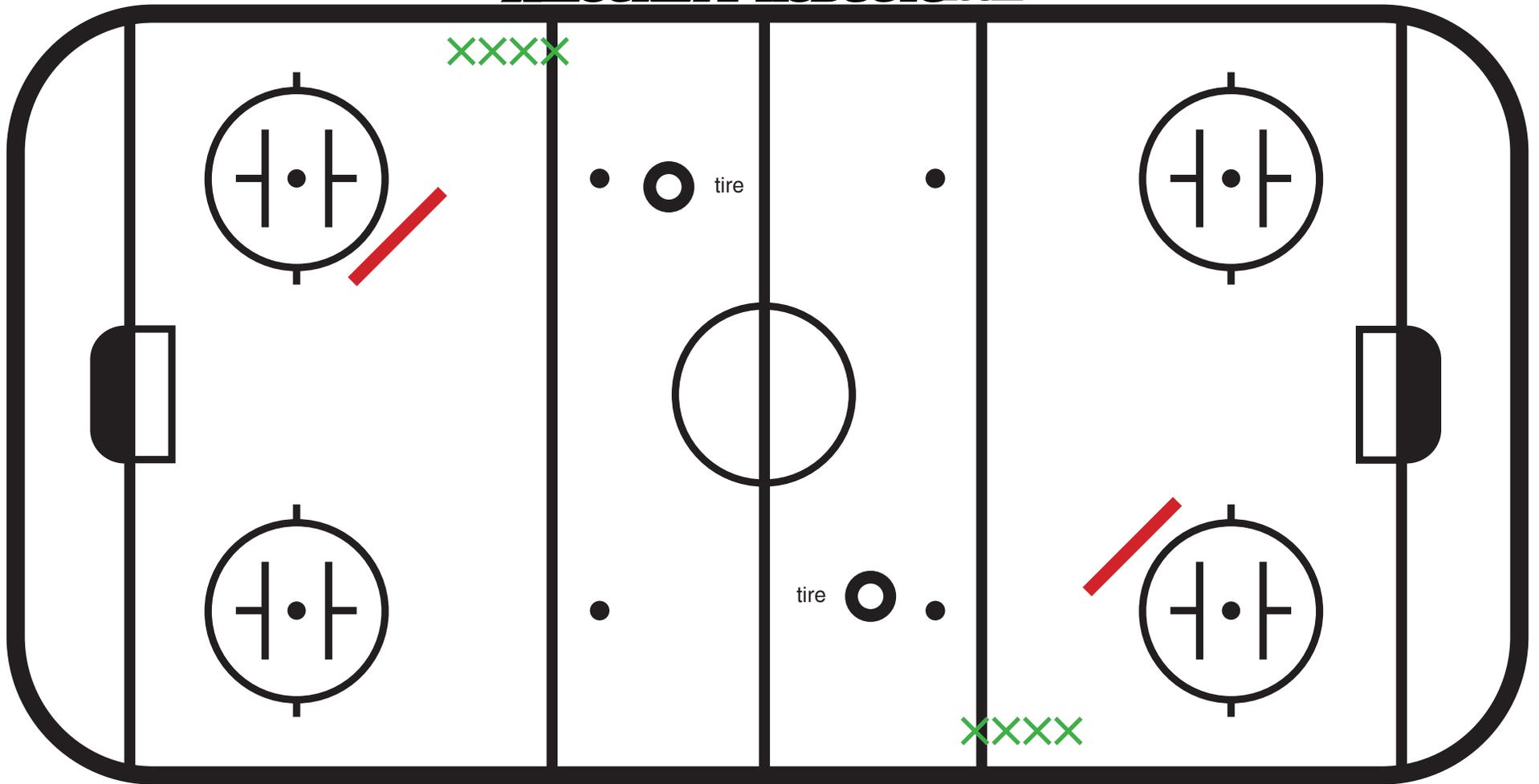
**(01:49 Instructional Video)**

**Variation:** Position another xPasser Give-N-Go near bottom of slot for another pass and deke before shot.

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## **DRILL #9 - NEUTRAL ZONE WHEELS**

Position 1 xPasser Give-N-Go on opposite ends of ice at the top of each circle. Angle each at about 45 degree inward. Players will skate the perimeter of the neutral zone passing and receiving off each xPasser Give-N-Go as they skate by.

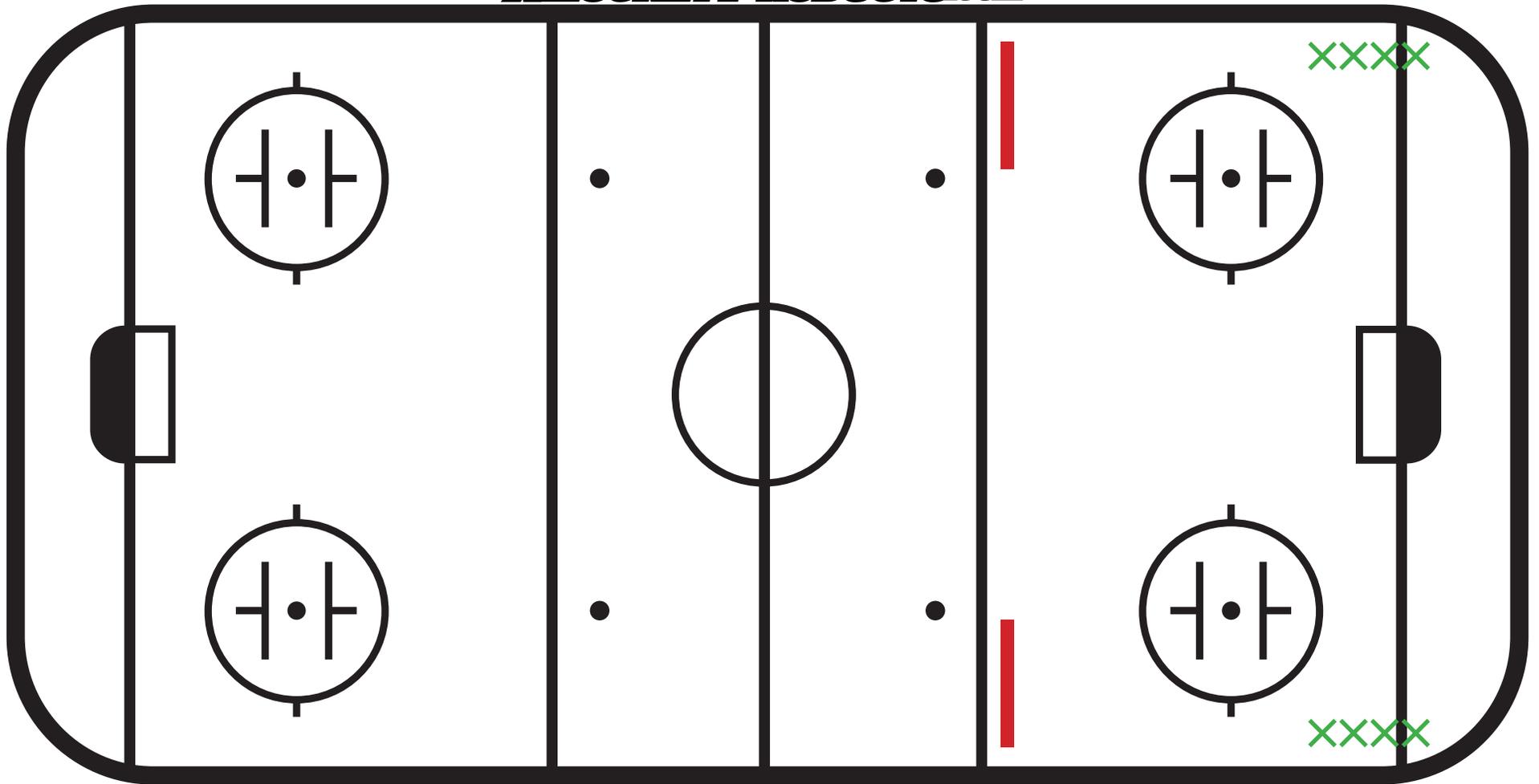
**(01:58 Instructional Video)**

**Variation:** Position give-n-go's on other side and change direction.

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## **DRILL #10 - POINT AND SNIPE**

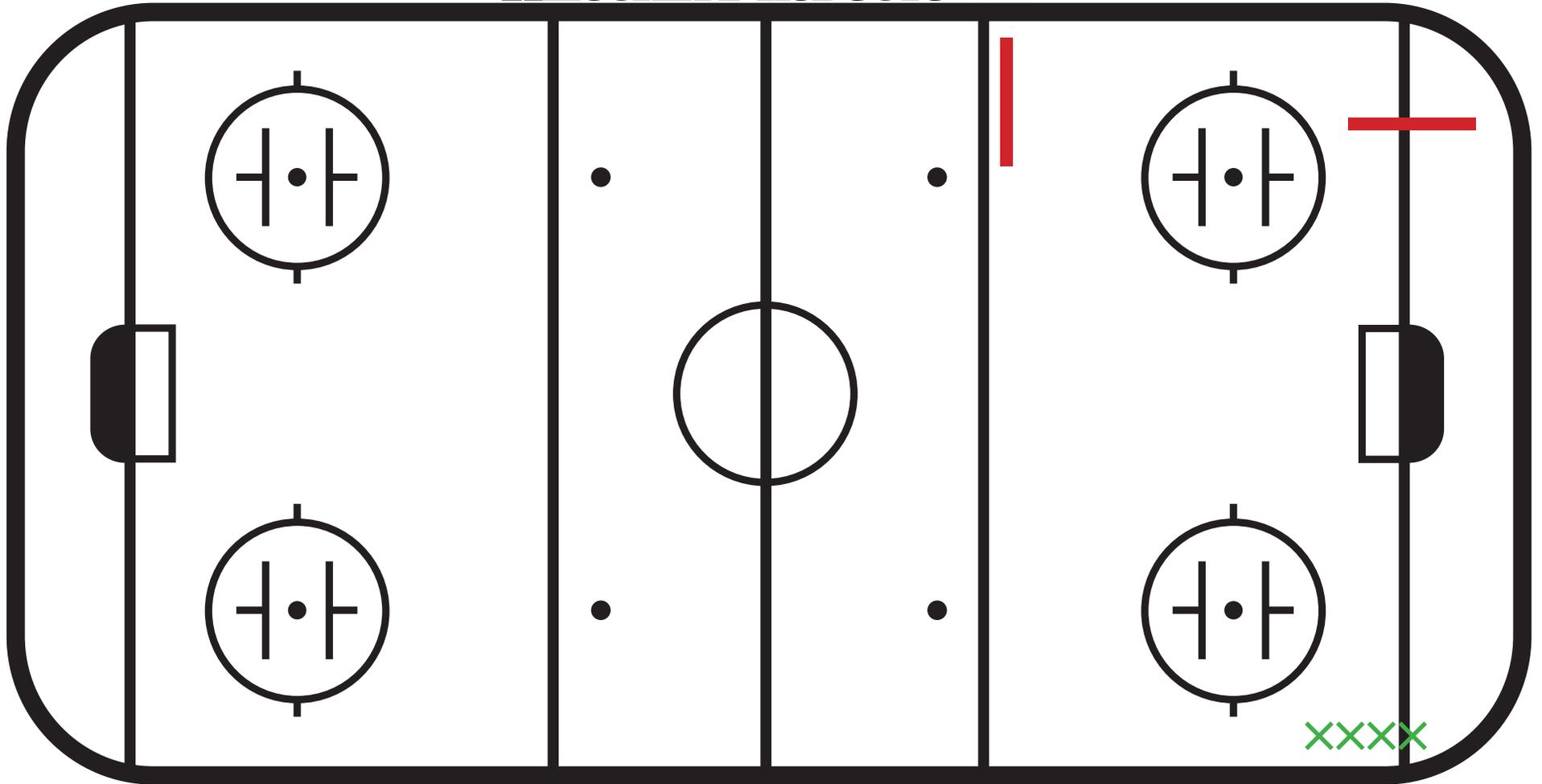
Position 2 xPasser Give-N-Gos on the blue line, one on each side. Start a line of players in each corner. Players skate towards xPasser Give-N-Go at the point and fires pass, receives the pass back and circles toward the net for a shot on goal then alternate sides.  
(02:14 Instructional Video)

**Variation:** After player shoots, player stays in front of net for a screen and rebound from opposite side shot.

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## **DRILL #11 - CYCLE PASSING**

Position 1 xPasser Give-N-Go in the corner near the goal line. Place another xPasser Give-N-Go at the point. Players will start in opposite corner and skate behind the net for a pass, receive and deke off low xPasser Give-N-Go, circle toward point, pass and receive off the point and circle towards the net for a shot on goal.

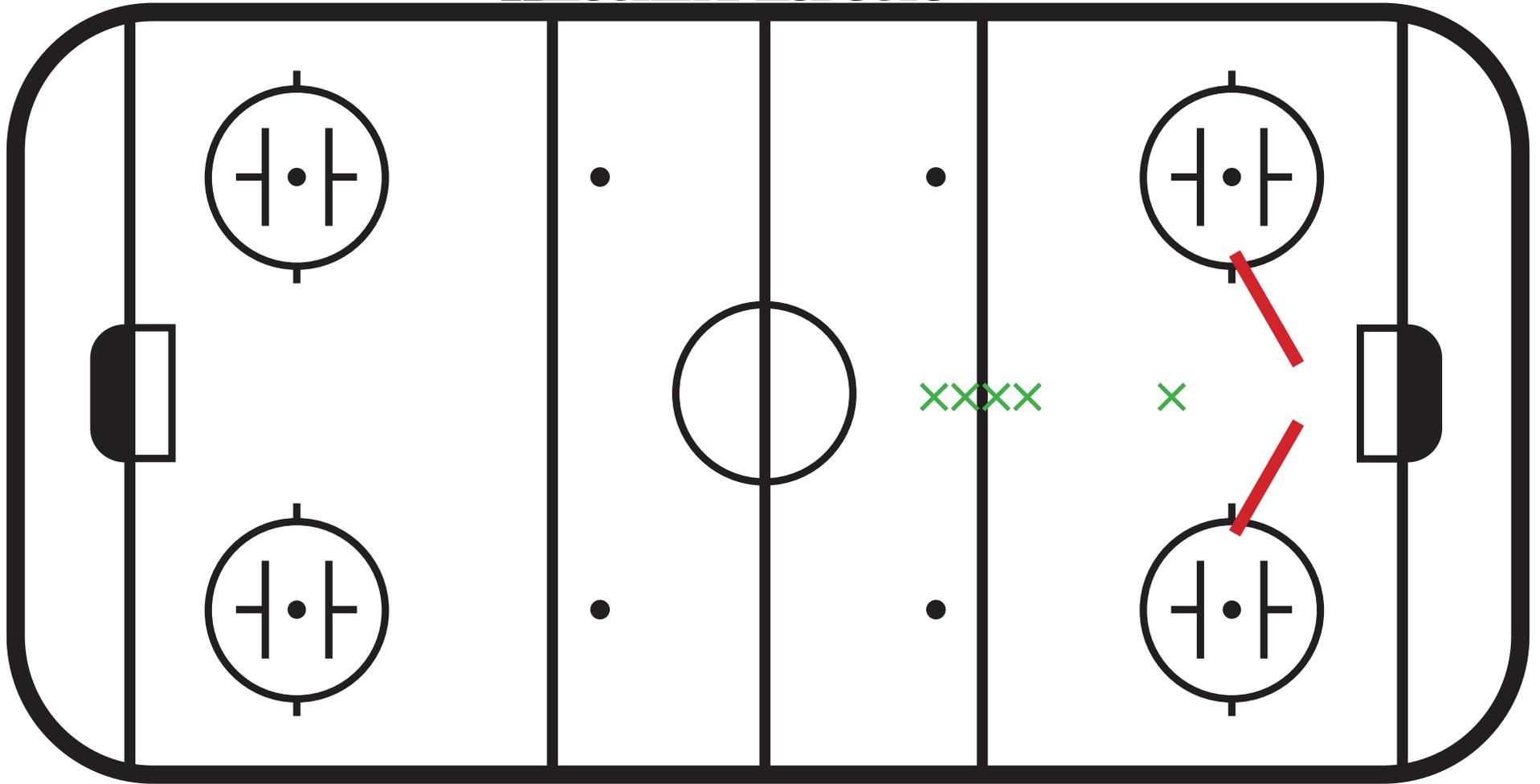
**(02:26 Instructional Video)**

**Variation:** Position xPasser Give-N-Gos on opposite side for a change in direction of drill.

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## **DRILL #12 - HOUDINI**

Position 2 xPasser Give-N-Gos on opposite sides near bottom of the slot angled slightly inward. Start one line near top of the slot. Player that is up faces the net and next player in line passes off either xPasser Give-N-Go with the shooter not knowing where the puck is going so shooter must react quickly to receive the pass for a quick shot on goal.

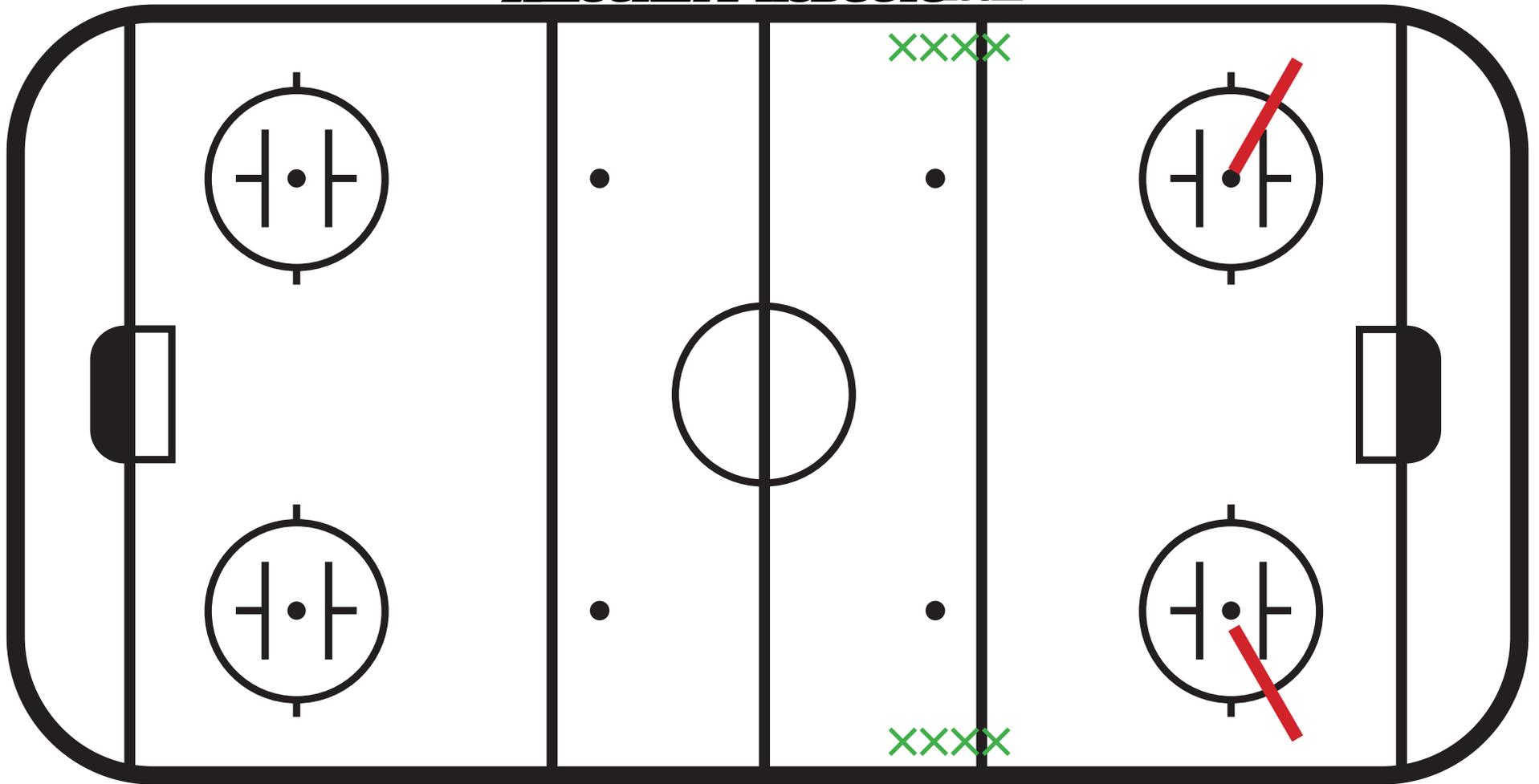
**(02:43 Instructional Video)**

**Variation:** Fire multiple passes in quick sequence of each other so shooter must react quickly for multiple shots in a row.

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## **DRILL #13 - EAST COAST PUCK PROTECTION**

Position 1 xPasser Give-N-Go near the bottom of circle on each side angled slightly toward the boards.

Start a line on each side of the blue line. Skate a few strides towards the xPasser Give-N-Go and fire a pass but when player receives the pass they will take sharp turn towards the boards protecting the puck from inside pressure, circle around for a shot on goal.

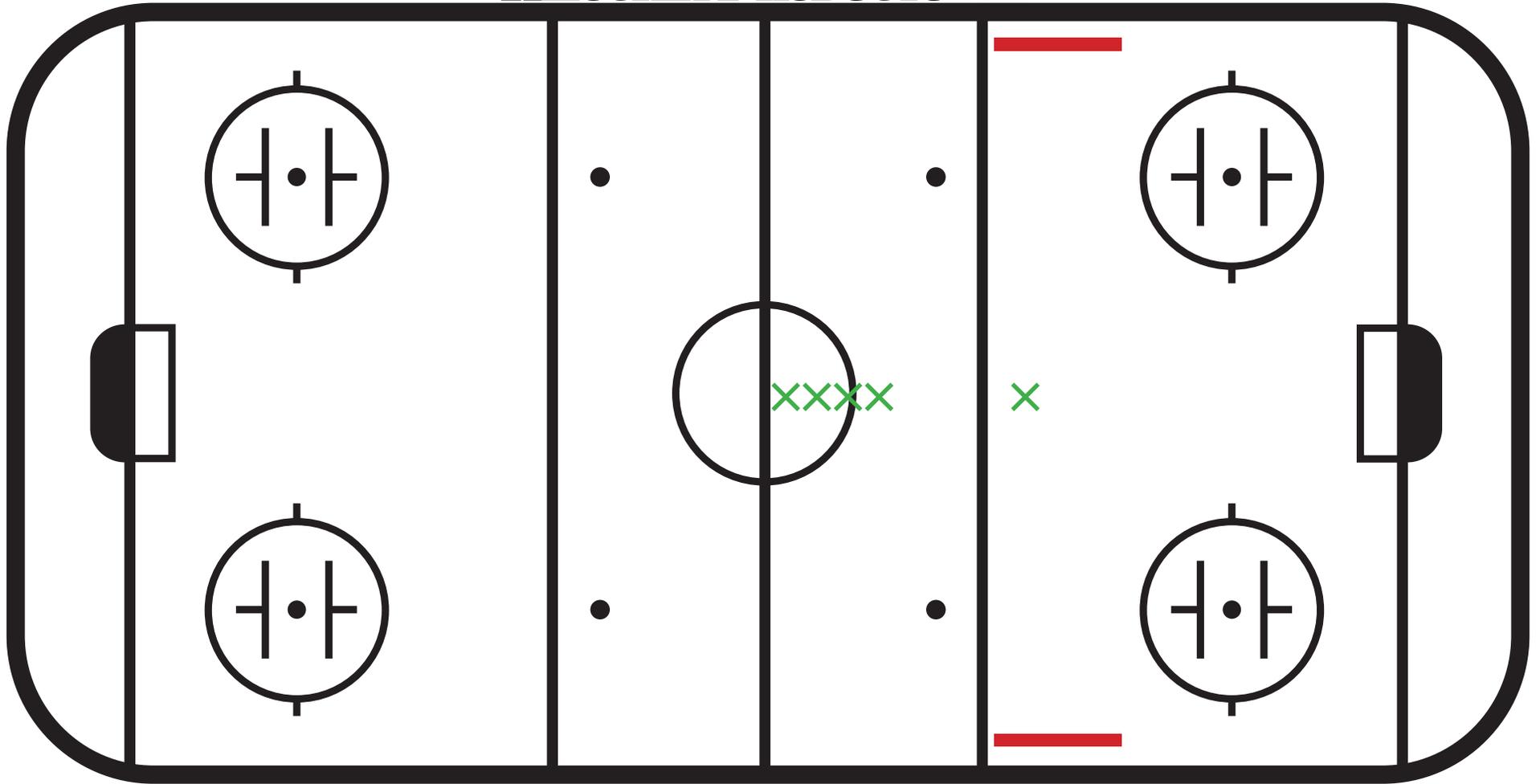
**(02:58 Instructional Video)**

**Variation:** Use another player as a real defender to try and get the puck away from player after pass is received off xPasser Give-N-Go.

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## **DRILL #14 - BLUE LINE 4**

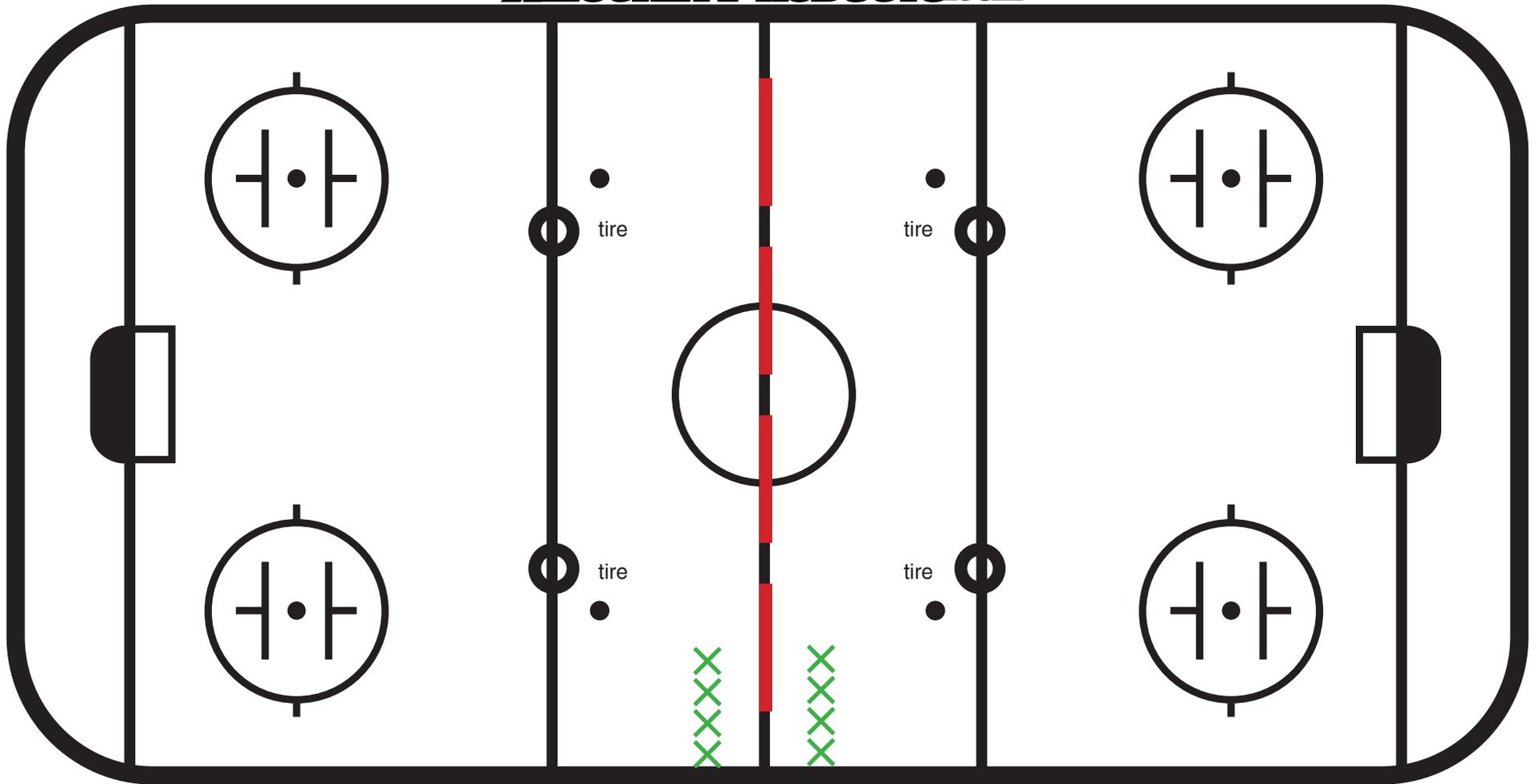
Position 1 xPasser Give-N-Go on each side of the blue line parallel to the boards. Player starts in middle of blue line and gives 2 passes off one xPasser Give-N-Go and quickly skates to other xPasser Give-N-Go for two more passes finished with a quick shot from the point.

**(03:09 Instructional Video)**

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## **DRILL #15 - SOFT TOUCH PASS AND HANDLE**

Position 2, 3 or 4 xPasser Give-N-Gos in a straight line down the center of ice about 12 feet apart. Start 2 lines of players going at the same time stick handling and soft touch passing of each bumper as they pass by. After last pass, circle towards blue line and stick handle and deke around two tires on each blue line then alternate lines.

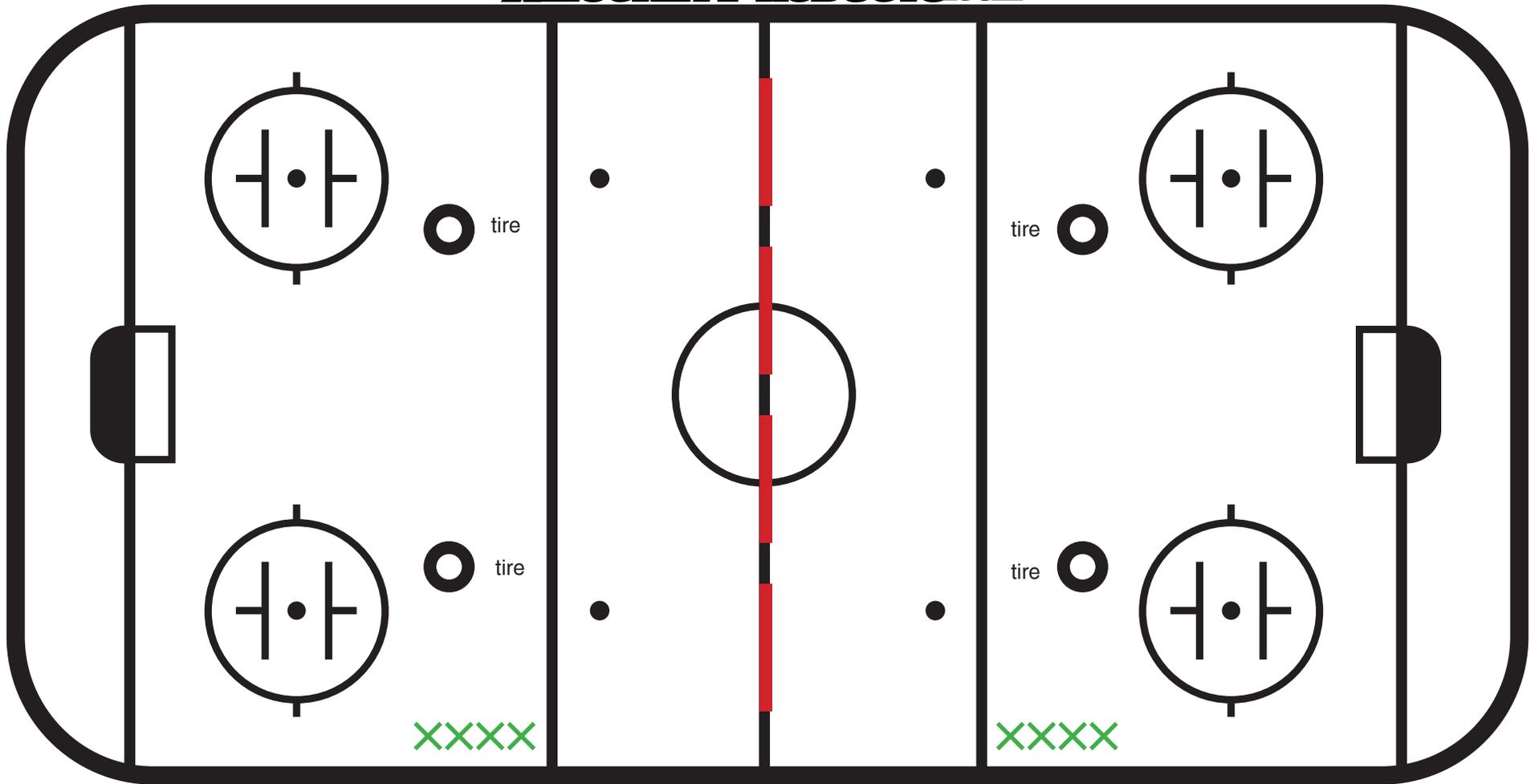
**(3:18 Instructional Video)**

**Variation:** Weave in and out alternating sides and switching from forehand to backhand for each soft touch pass.

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## **DRILL #16 - TRANSITION PASSING**

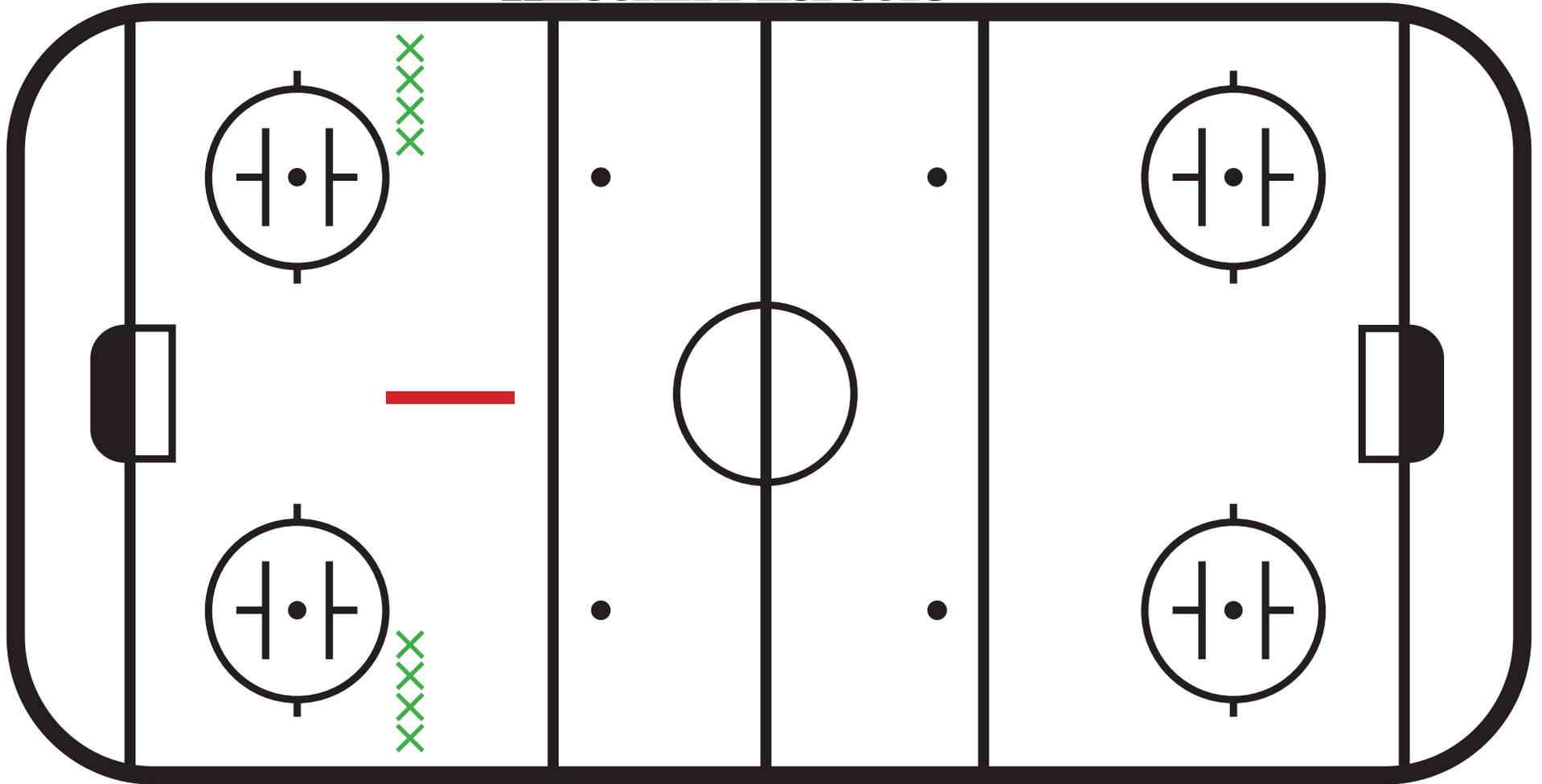
Position 2, 3, or 4 xPasser Give-N-Gos in a straight line down the center of ice about 12 feet apart. Start 2 lines of players going at the same time skating forward and fire a pass into xPasser Give-N-Go, as soon as pass is received player reverses backwards to blue line with the puck then repeats for each xPasser Give-N-Go in the line. Turn towards blue line and stick handle and deke around two tires on each blue line then alternate lines.

**(03:30 Instructional Video)**

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## **DRILL #17 - QUICK PASS 1, 2, 3**

Position 1 xPasser Give-N-Go in center of ice. Start a line of players on each side at the boards. Players from each side can go at same time. Skate forward towards xPasser Give-N-Go and fire 3 quick passes off xPasser Give-N-Go. After 3rd pass player skates backwards to starting position with puck.

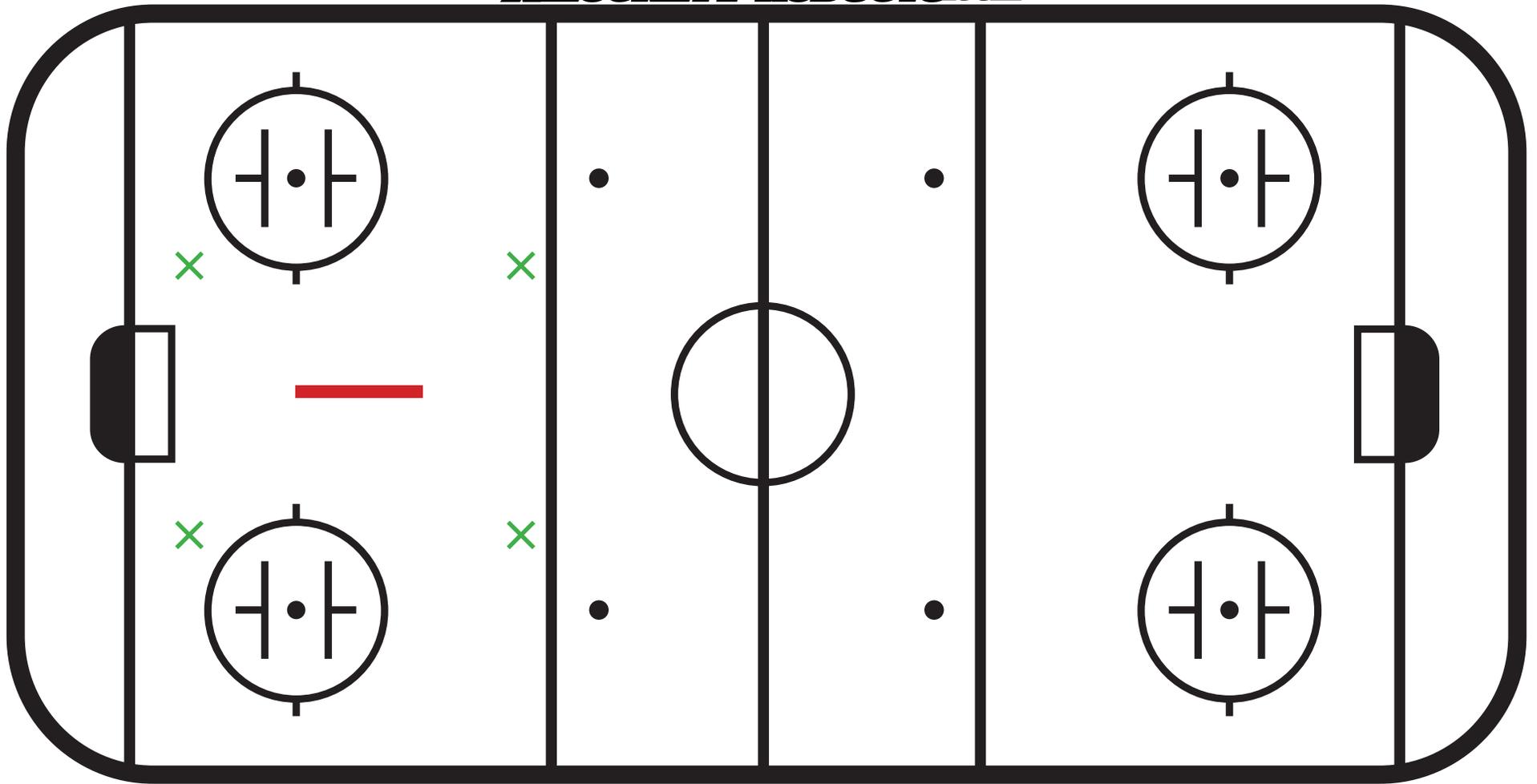
**(03:46 Instructional Video)**

**Variation:** Have a relay race with both groups.

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## **DRILL #18 - STATIONARY PASSING W/ xPasser GIVE-N-GO**

Position 1 xPasser Give-N-Go in center of ice with 4 players on each corner creating a box. Players can pass puck forward, laterally, sauce over xPasser Give-N-Go or deflect off xPasser Give-N-Go bumpers. Also work on receiving puck in skates and kicking up to stick.

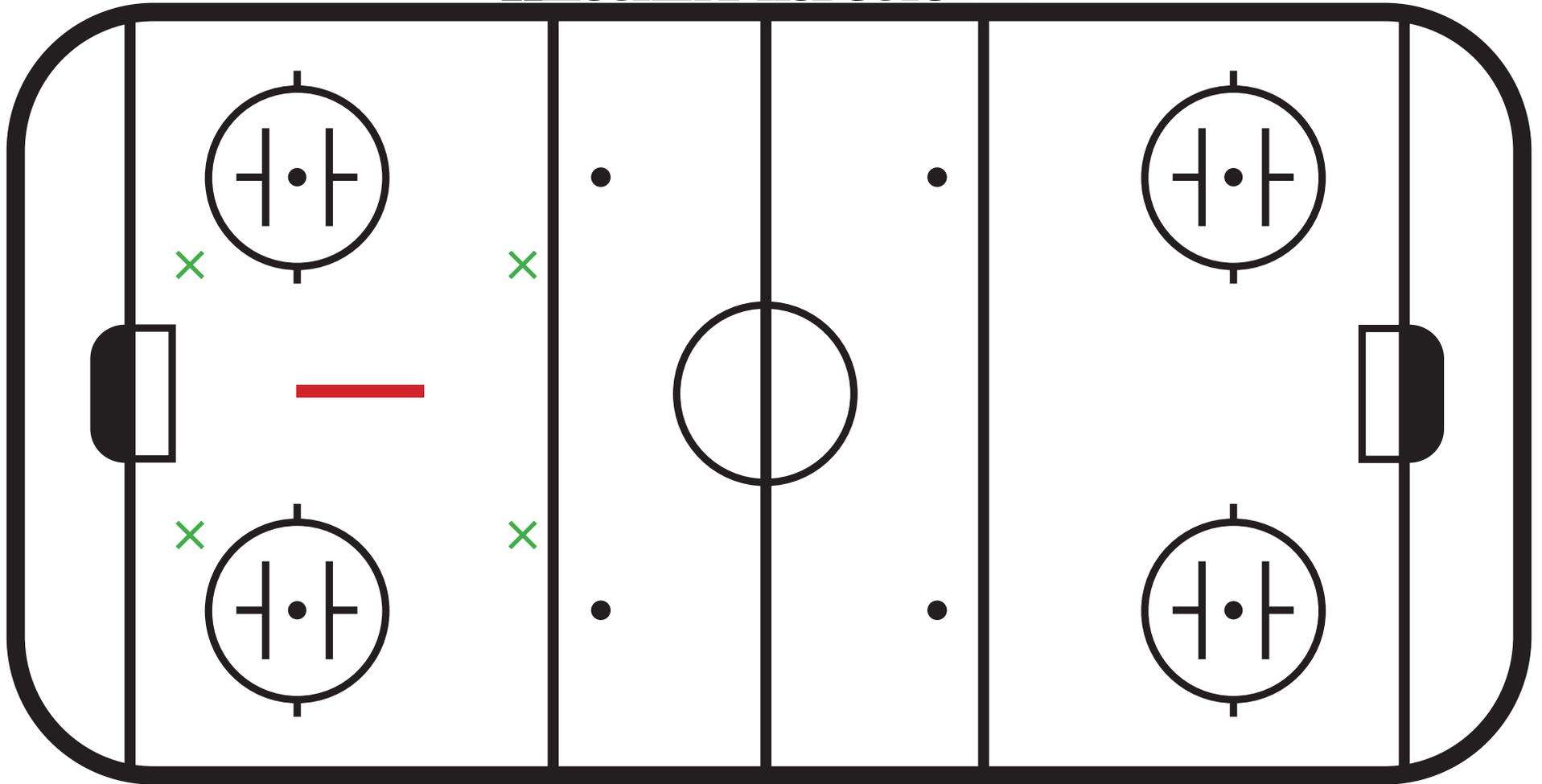
**(03:59 Instructional Video)**

**Variation:** Use 2 pucks. This will develop more heads up play and quicker decision making.

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## **DRILL #19 - FOLLOW YOUR PASS W/ xPasser GIVE-N-GO**

Position 1 xPasser Give-N-Go in center of ice with 4 players on each corner creating a box. Players can pass puck forward, laterally, sauce over xPasser Give-N-Go or deflect off give-n-go bumpers, then follow your pass. Also work on receiving puck in skates and kicking up to stick.

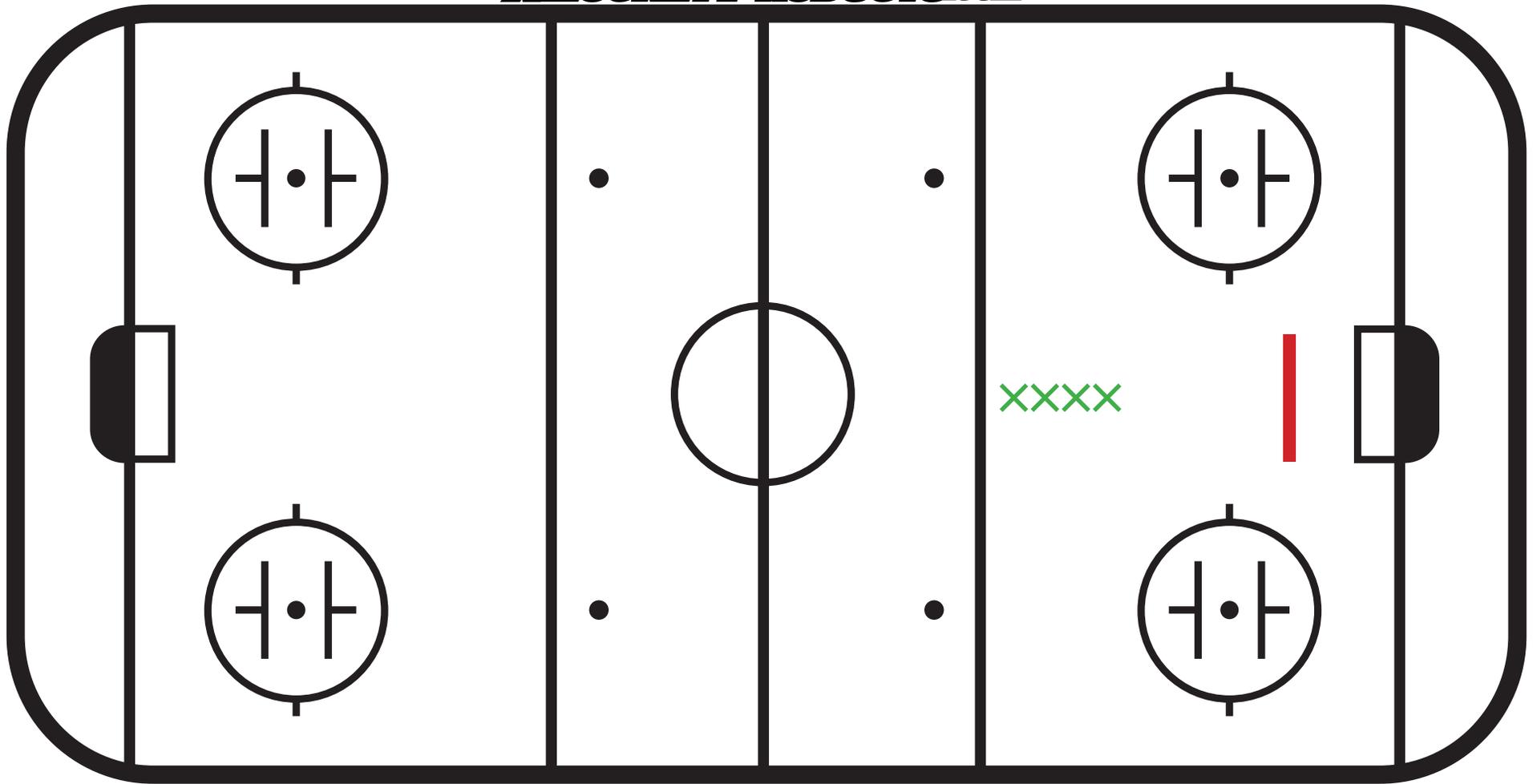
**(04:09 Instructional Video)**

**Variation:** Use 2 pucks. This will develop more heads up play and quicker decision making.

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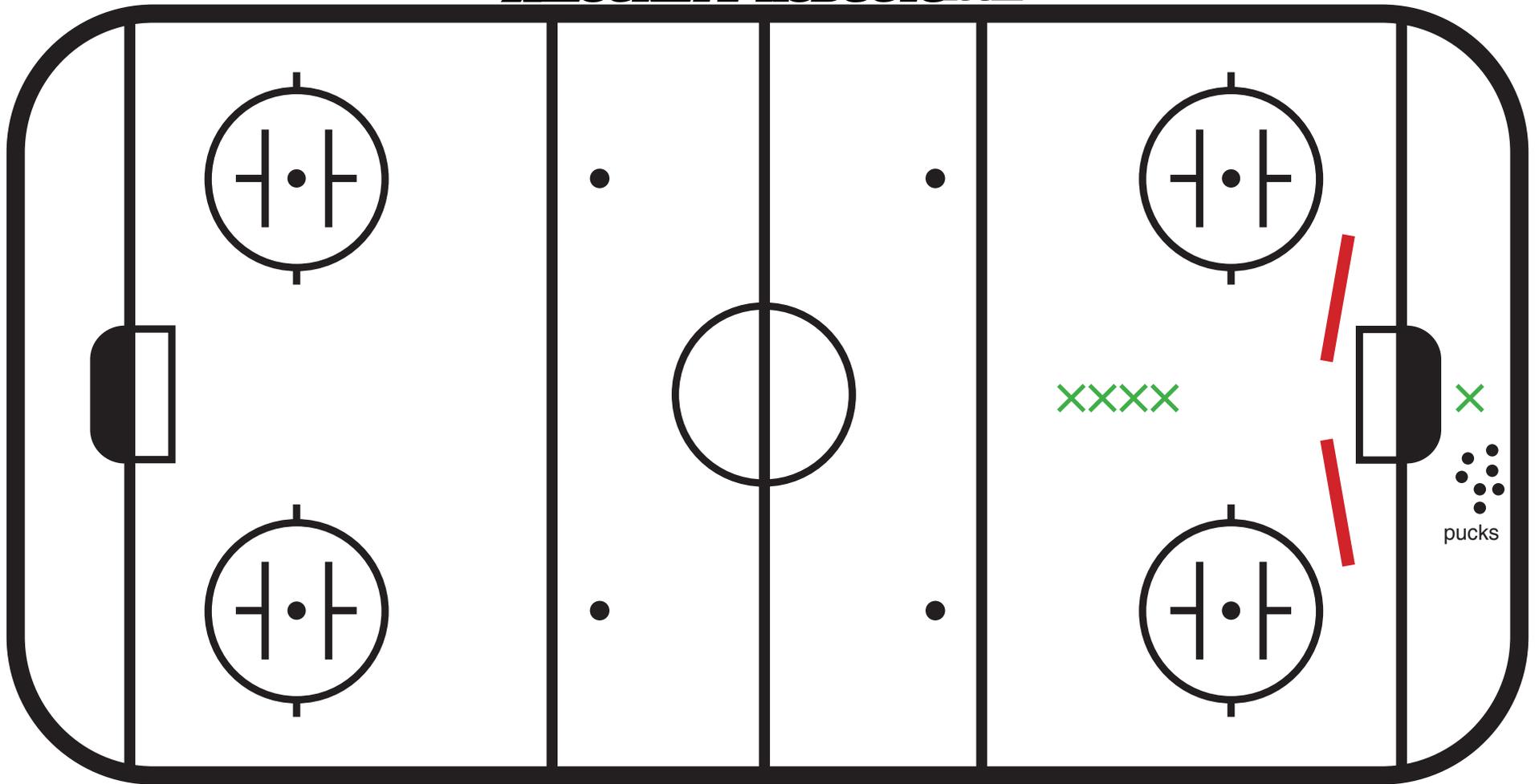
## **DRILL #20 - GOALIE DRILL # 1**

Position 1 xPasser Give-N-Go approximately 10 feet in front of goal crease. Player passes to xPasser Give-N-Go, goalie goes down when puck hits bumper, then while on knees goalie slides to whichever side player takes the puck for a shot on goal.  
**(04:22 Instructional Video)**

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### **DRILL #21** - GOALIE DRILL # 2

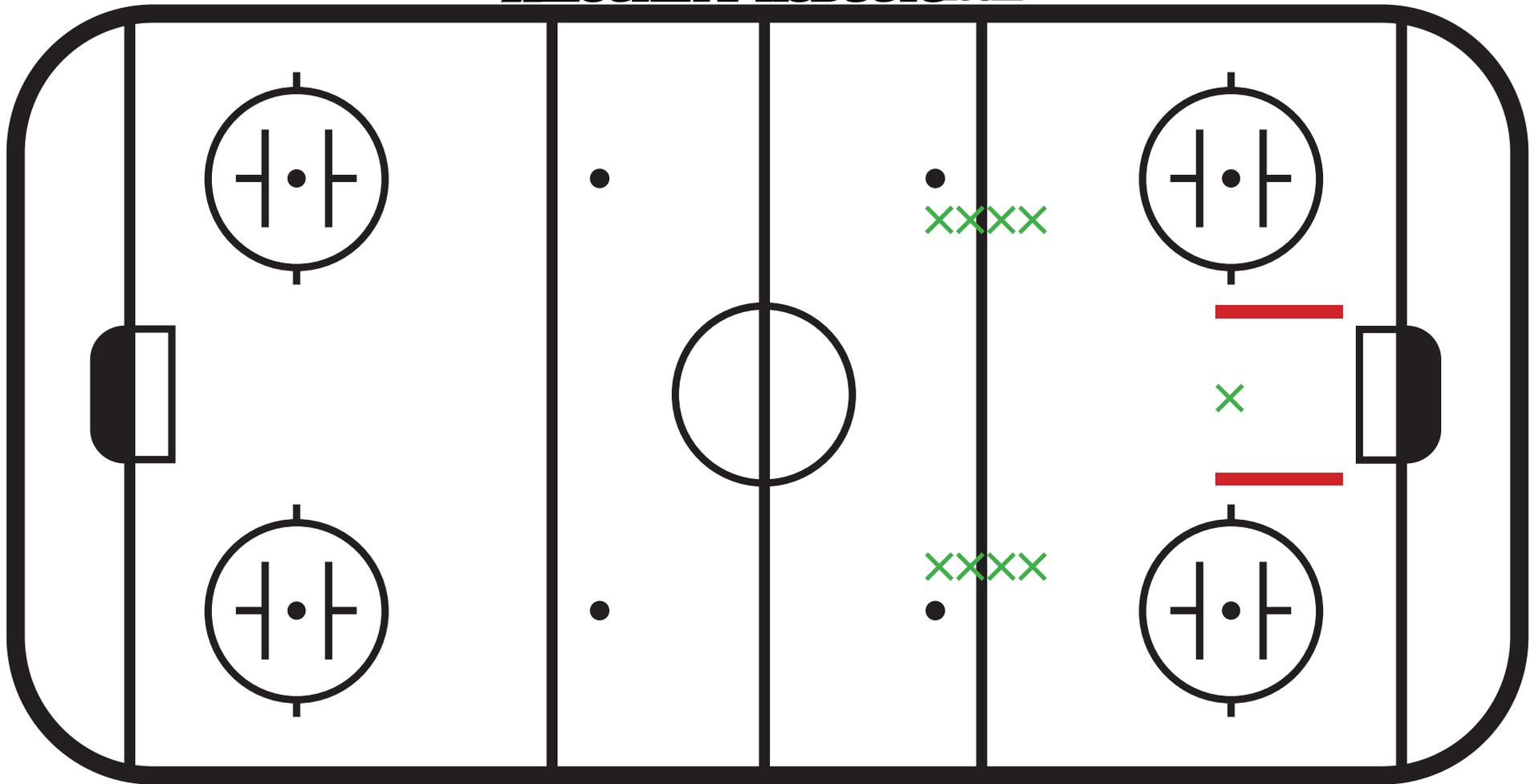
Position 2 xPasser Give-N-Gos on each side a few feet above the goal crease angled slightly inward. Player or coach starts behind the net with a pile of pucks and deflects puck from either side into goalie then another player in front gets rebound.

**(04:34 Instructional Video)**

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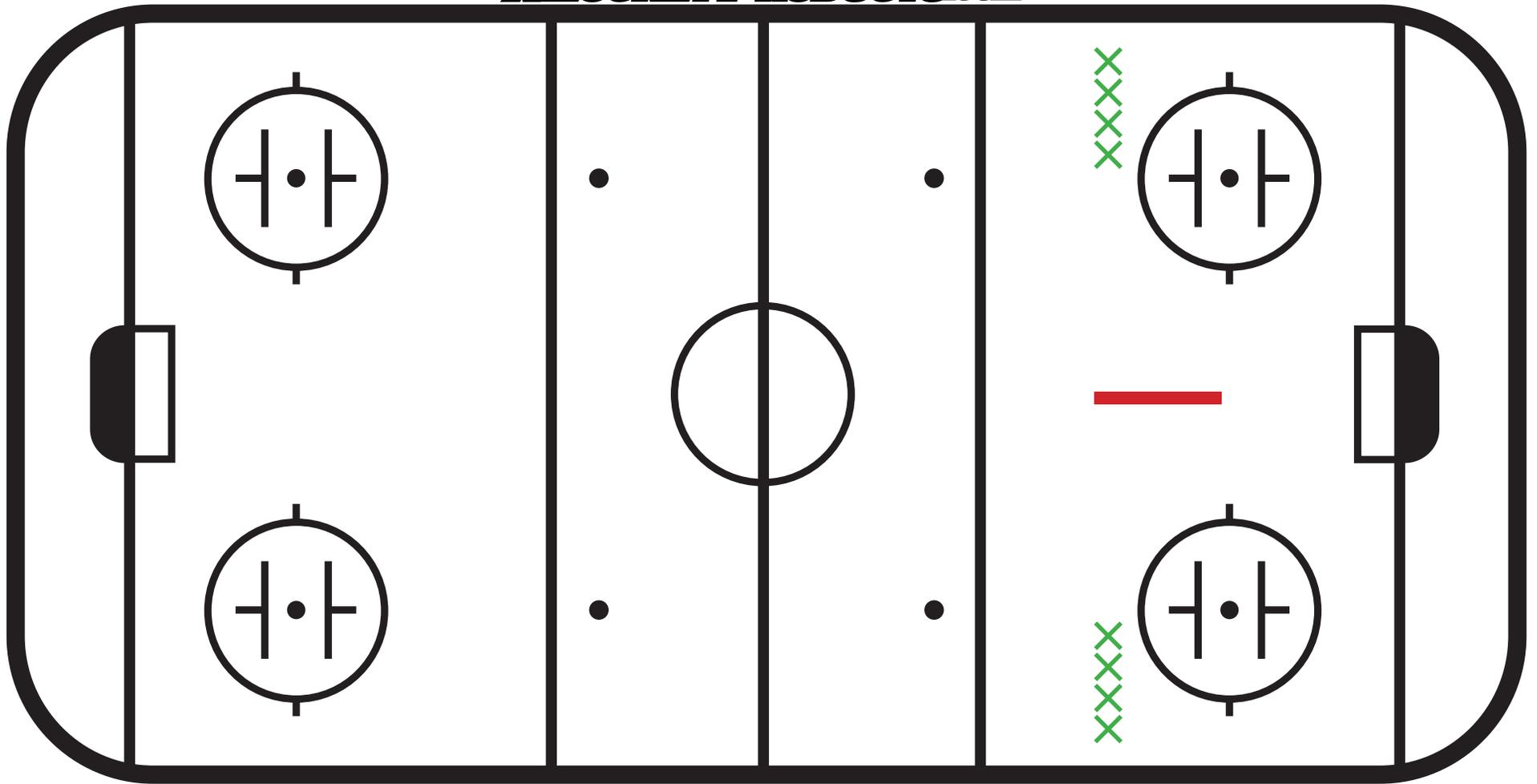
## **DRILL #22** - GOALIE DRILL # 3

Position 2 xPasser Give-N-Gos about 10 feet apart parallel to each other in front of the goal crease. Players at the point will take low shots and passes for a deflection of either xPasser Give-N-Go into the goalie. Have another player screen and get rebounds.  
(04:43 Instructional Video)

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## **DRILL #23 - GOALIE DRILL # 4**

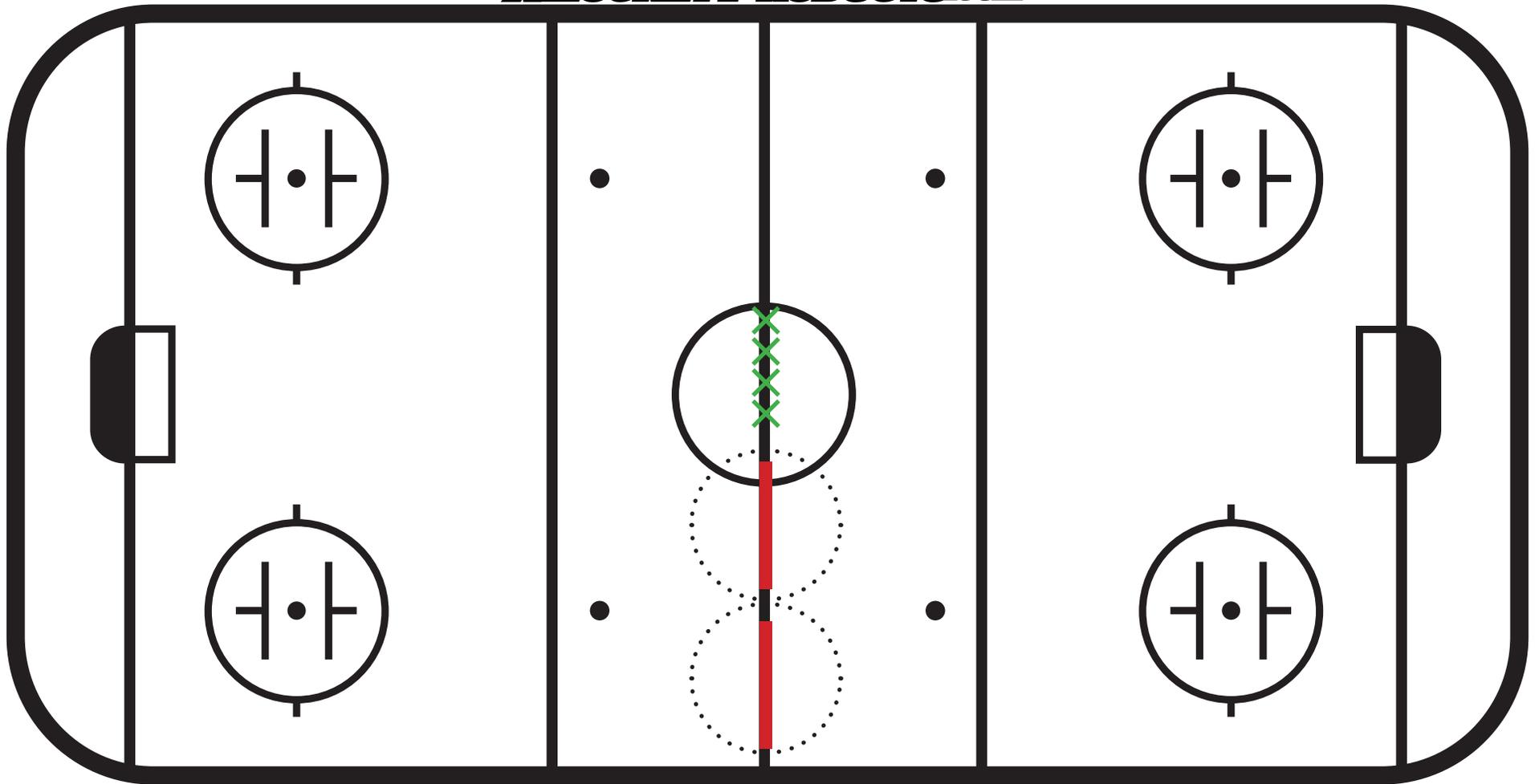
Position 1 xPasser Give-N-Go at the top of the slot parallel to the boards. Start a line of players on each side alternating firing a one timer off the xPasser Give-N-Go into the goalie.

**(04:51 Instructional Video)**

[Click the Link to watch the drill in action](#)

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## **DRILL #24 - STRAIGHT 8 FREESTYLE**

Position 2 xPasser Give-N-Gos in a straight line approximately 10 feet apart. Player will skate a figure 8 around both units while stick handling and soft touch passing off each bumper as they pass by.

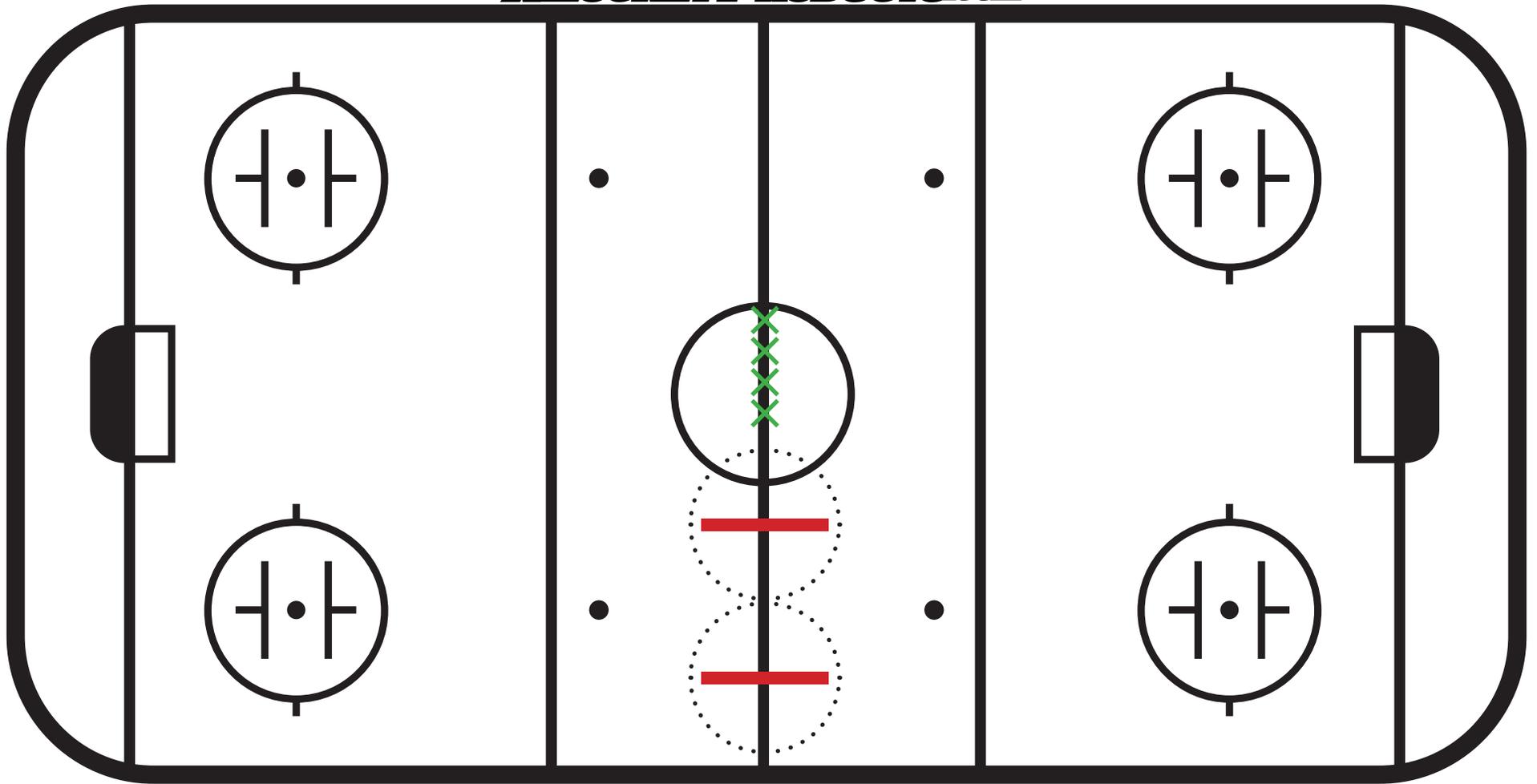
**(05:00 Instructional Video)**

**Variation:** Do the drill backwards.

*[Click the Rink to watch the drill in action](#)*

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## **DRILL #25 - PARALLEL 8 FREESTYLE**

Position 2 xPasser Give-N-Gos parallel to each other approximately 10 feet apart. Player will skate a figure 8 around both units while stick handling and soft touch passing off each bumper as they pass by.

**(05:10 Instructional Video)**

**Variation:** Do the drill backwards.

*[Click the Rink to watch the drill in action](#)*

## Product Description:

xPasser Give-N-Go Hockey is the Ultimate Passing and Receiving Aid! xPasser Give-N-Go is the first hockey puck re-bouncer to use patent pending solid rubber bumpers. These one-of-a-kind bumpers are custom designed and manufactured to precise specifications in durometer (rubber hardness) and thickness for re-bounding even the hardest passes back to the passer fast and flat, with natural and predictable rebound action.

## Product Features:

- Every xPasser Give-N-Go Hockey includes 2 huge (60 inches on each side for the on ice model, and 30 inches on each side for the off ice model) natural rubber bumpers. For the on ice model, that's a full 5 foot target on each side making it the largest target in the world!
- Permanent gripper teeth are precision welded on each end cap that grip the ice so even the hardest passes will not move the xPasser Give-N-Go from its position.
- Custom rubber covers are provided to protect steel teeth after each use.
- Heavy duty all steel frame made from .120 wall thickness. Total weight per unit is 34 pounds for the on ice model and 19 pounds for the off ice model.
- A huge carrying handle is welded on the top middle of each frame.
- Rubber bumpers are bonded onto frame using high tech industrial grade structural adhesive.
- Finished with super durable powder coat paint.
- Both on and off-ice models available.
- Every piece of every xPasser Give-N-Go including steel frame, rubber bumpers, powder coat paint, decals, and packaging are proudly manufactured, assembled and shipped from Michigan, USA!

## Hockey Coaches:

All areas of skill development can be practiced using xPasser Give-N-Go with true and natural rebound action. This includes forehand passing, backhand passing, receiving forehand and backhand passes, giving and receiving angled passes, one-time passes, one-time shots, saucer passes, drop passes, quick and short passes as well as well as long and hard passing can all be developed using xPasser Give-N-Go Hockey.